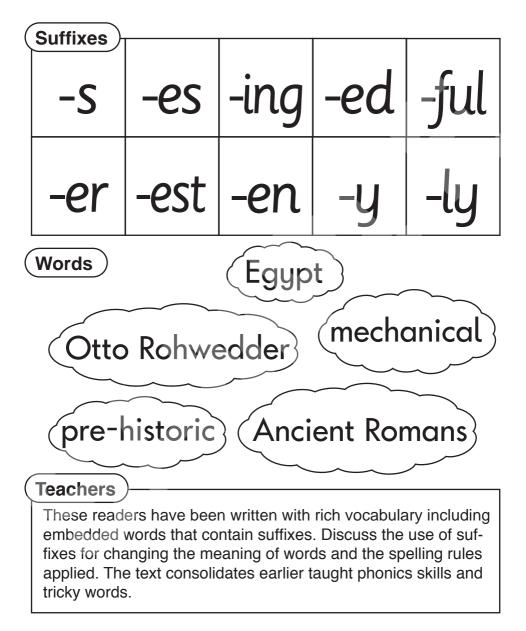


## The History of Bread

#### Written by: Anna Kirschberg





# The History of Bread





How much do you know about the history of bread? Most of us eat bread every day. But what do we know about the first kinds of bread?

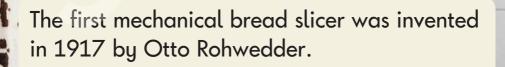
Bread has been around for almost 10,000 years. Pre-historic people ate a paste made out of flour and water. The paste was cooked into a flatbread in the fire.



The first basket of bread was found in a tomb in Egypt. This bread was around 3,500 years old.

Today, sliced bread is very different to the first flatbreads. Yeast is used in making bread to make the dough rise. This makes the bread fluffy.

The Ancient Romans built ovens to bake bread. For hundreds of years, bread was sold as loaves to be cut at home.



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After this, factories around the world used mechanical bread slicers. This changed the way that the world ate bread.

#### Phase Six - Fiction

- 1. Dinner Time
- 2. Where is Daddy?
- 3. Egg on Your Head
- 4. Speed UP
- 5. The Littlest General's Bad Mood
- 6. Zak the Yak
- 7. Freddo the Frog
- 8. Three Blind Mice
- 9. Giddy Up
- 10. Bandages for Sandwiches
- 11. The Littlest General Goes Quiet
- 12. Grunch Saves the Day

#### The History of Bread

#### Phase Six - Non-Fiction

- 1. The History of Bread
- 2. Desert Life
- 3. Off to Work
- 4. Thunder and Lightning
- 5. Sink or Float?
- 6. Can You Fly?
- 7. Making Pancakes
- 8. Forest Facts
- 9. A Snail's Pace
- 10. Beautiful Ballet
- 11. Finding Fossils
- 12. Jazz Music

#### Word Count: 156

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### Phase 6 Spelling Non-Fiction Reader 1

Guided Reading	<b>Reading Level</b>	Book Band
K	20	Fluency 2

